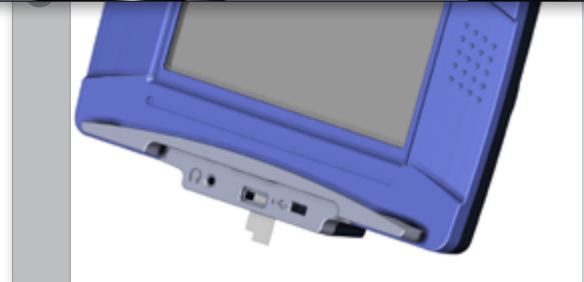


TSE-1 Touchscreen w/TV  
Part Number: 050-0034



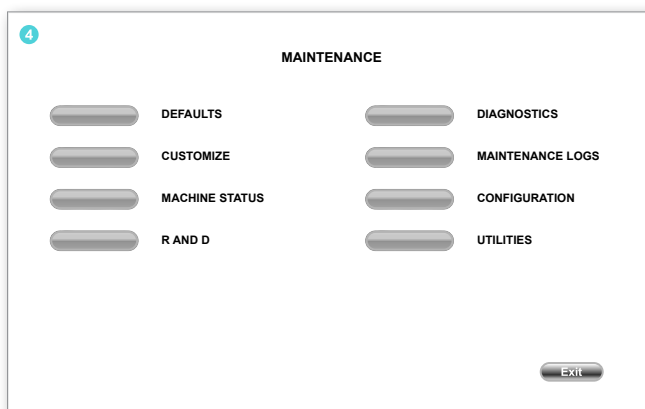


### Accessing the Maintenance Menu

From the idle screen, press three points on the screen (one at a time). Top left, and then top right, then the top center

The Maintenance Screen will display.

**Note:** consoles from 2014 or earlier used a different method to access the Maintenance menu and should be upgraded.<sup>1</sup>



### TS-1 & TSE-1 Menu Map

#### Defaults

Default values are:

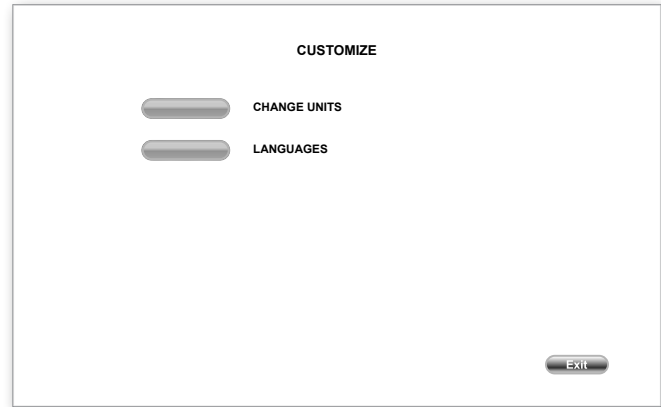
- Weight – 173
- Workout Time 20 Minutes
- Age 35
- Target HR% 80
- Start Level 1
- Step Rate 20 Min



<sup>1</sup> To access the menu in the pre-2014 versions, place finger in the upper left corner and hold for approximately 5 seconds. The “Stairmaster” icon in the upper center of the display will flash. Then place finger on the “Clock Symbol” and hold for approximately 5 seconds. This procedure does not function on later versions.

### Customize

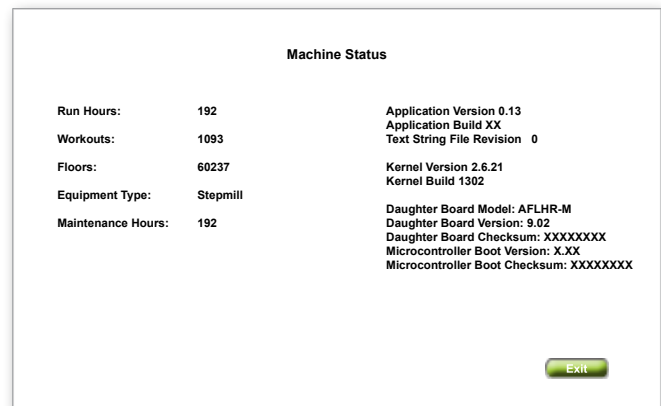
- Change Units - Metric/English
- Languages – English, German, Italian, Dutch, French, Portuguese, Spanish, Japanese.



### Machine Status

Maintenance Status shows the Run Hours, Workouts, Floors, Unit Configuration (Stepmill/Stepclimber), and Maintenance Hours on the left side.

All Processor, software, etc is located on the right side.



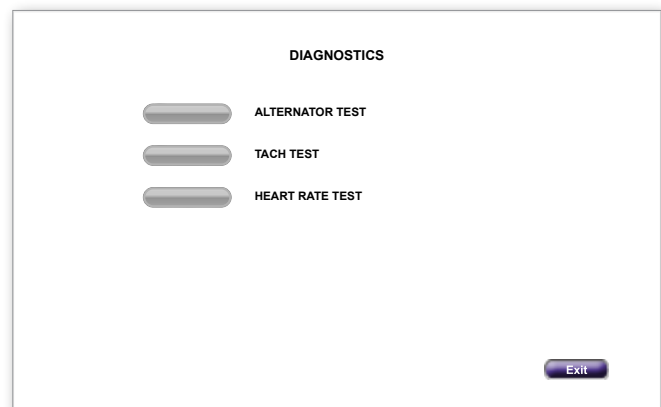
### R and D

Factory testing only.

### Diagnostics

Diagnostics contains:

- Alt Test On/Off – Alternator test
- Tach Test
- Heart Rate Test



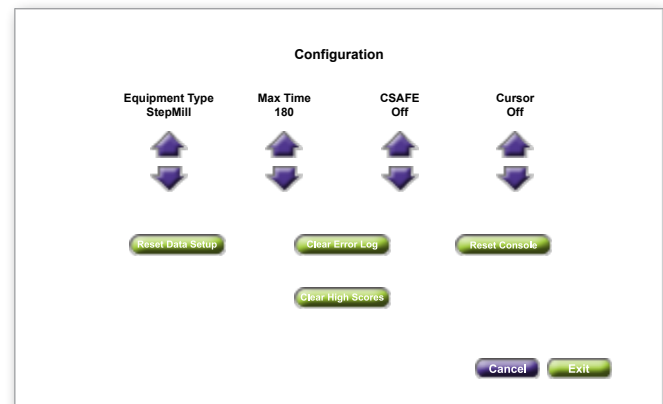
## Maintenance Logs

Maintenance records location with 5 Slots



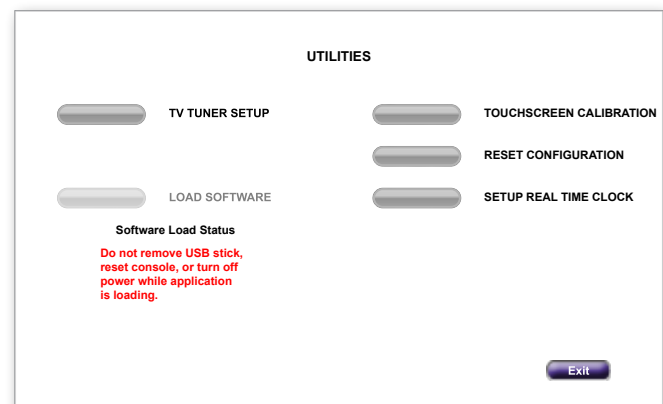
## Configuration

- Equipment Type – StepMill/StepClimber
- Max Time - 20-180
- CSAFE - On/Off
- Cursor - On/Off  
*Allows screen cursor*
- Reset Data Set-up
- Clear Error Log
- Reset Console  
*Factory Reset*
- Clear High Scores



## Utilities

- TV Tuner Setup – TV configuration/Setup  
*TSE-1 Only*
- Load Software - Software load point from USB
- Touch Screen Calibration  
*Used to setup initial touch screen position*
- Reset Configuration  
*Resets configuration to factory*
- Real Time Clock  
*Set up unit clock Day and Date*



## TV Tuner Setup

- Factory Defaults
- TV Mode (DTV Air/Cable, ATV Air/Cable)
- TV Type
- Start Scan
- Control Menu
  - DTV Usage Menu
    - Channel
    - Auto/Manual Program*
    - Caption
    - Analog/Digital CC*
    - Set-up
    - Lang., Adjust, Time Zone*
    - VChip
    - (Password required)*
    - Center Up, Down, Left, Right keypad for navigation in DTV Menu
  - TV Mode
  - Aspect
    - Normal, Overscan, Fill Screen*
  - Channel +/-
  - Volume +/-



Press **Start Scan** button to scan for channels

Control Menu allows additional channels, additional volume controls, and screen positioning

### Available programs

- By Workout Profile
- Set Time Goal
- Set Calorie Goal
- Set Floor Goal



### Serial Location

Both the TS-1 and the TSE-1 have independent serial numbers not related to the frame of the unit it is used on. The serial is rarely required by customer service, but can be found on the rear plastic housing, as shown below.

